



**Day 7: Family**

1. List every member of your immediate family.


- 2. Who have you given the majority of your time to?
- 3. Who have you given the least of your time to?
- 4. Who on this list do you feel like owes you an apology?
- 5. Who on this list do you feel like you need forgiveness from?

\*Make a list of YOUR STUFF that you feel you have undervalued.  
\*Make a list of YOUR STUFF that you feel others have undervalued.