

MONEY THERAPY



LET'S DO SOME CLOSET INVENTORY

How many skirts do you have: _____

How many pairs of pants do you have: _____

How many handbags do you have: _____

How many dresses do you have: _____

How many bracelets do you have: _____

How many scarfs do you have: _____

How many pairs of shoes do you have: _____

How many shirts do you have: _____

Okay, now when you look at your Closet Consumption, are you proud of the way you have allocated your financial resources? Yes / No

Do you need any more shoes, pants, dresses, and or earrings? Yes / No

How much do you think you spend on clothes within a year? _____

What else can you do with this Money? _____



Tip: Knowing what you have can make you aware of overspending. If you already have 50 pairs of shoes, 51 sounds a little unnecessary. Momager. The average woman has 19 pairs of shoes, according to Consumer Reports National Research Center for shopping.