

# Grocery LIST

WEEK OF: 04/08/24

## DAIRY / EGGS

- EGGS
- BUTTER
- HEAVY CREAM
- CREAM CHEESE
- CHEDDAR CHEESE
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## HOUSEHOLD STAPLES/ PANTRY

- ALMOND BUTTER
- BEEF/ CHICKEN BROTH
- CAJUN SEASONING
- CANNED DICED TOMATOES
- GARLIC POWDER
- ITALIAN SEASONING
- OLIVE OIL
- ONION POWDER
- PICKLE BRINE
- RED PEPPER FLAKES
- SLICED ALMONDS
- TACO SEASONING
- TOMATO PASTE

## SPICES / HERBS

- CAYENNE
- CLOVES
- PAPRIKA & SMOKED PAPRIKA
- GROUND CUMIN
- DRIED OREGANO
- DRIED THYME

all day  
**I DREAM**   
**ABOUT FOOD**

## BAKING/ PANTRY

- ALMOND FLOUR
- BAKING POWDER
- COCONUT FLOUR
- COLLAGEN PEPTIDES
- FLAKED COCONUT
- MAPLE EXTRACT
- SWERVE BROWN
- SWERVE CONFECTIONERS
- SWERVE GRANULAR
- UNFLAVORED WHEY PROTEIN
- VANILLA EXTRACT

## PRODUCE

- CABBAGE
- CAULIFLOWER
- CELERY
- CILANTRO
- GARLIC CLOVES
- GREEN & RED PEPPERS
- JALAPENO
- LIME JUICE
- ONIONS
- SPINACH (FROZEN)
- TOMATOES

## MEAT/ FISH

- ANDOUILLE SAUSAGE
- BACON
- CHICKEN THIGHS
- GROUND BEEF
- GROUND PORK
- PORK CHOPS (BONE IN)
- SHRIMP