

BOTTEGA ZERO WASTE



**Zero Waste & Natural**

# **4 Cleaning Recipes**

**under 5 minutes**



[WWW.BOTTEGAZEROWASTE.COM](http://WWW.BOTTEGAZEROWASTE.COM)

# Ingredients

Most of the below ingredients are sold on Amazon, bulk stores, and shops selling ecofriendly ingredients for cosmetic diys. Below are just some examples of suppliers I know and use.

For the direct links to the products I have used, please refer to the description box in my Youtube video "[4 Easy Zero Waste Natural Cleaning Recipes Under 5 Minutes](#)" [here](#).

## **VINEGAR**

Amazon  
Any supermarket!

## **CASTILE SOAP**

Dr Bronner  
Biorigins

## **BAKING SODA, CITRIC ACID**

Any bulk store should carry  
these ingredients  
Amazon  
The green boutique zero waste  
(UK)  
The Soapery (UK)  
Negozio leggero (IT)

## **WASHING SODA**

Amazon  
The green boutique zero waste  
(UK)

## **SOAP NUTS**

Most natural cosmetic shops  
sell them  
Amazon  
Living Naturally (UK)  
The Green Boutique Zero  
Waste (UK)  
EcoZone (UK and US)  
EcoNuts (US)

## **ALOE VERA GEL**

The Soapery (UK)  
The Soap Kitchen (UK)  
Naturally Thinking (UK)

## **WITCH HAZEL, RUBBING ALCOHOL**

Amazon  
your local pharmacy!

# 4 Zero Waste Cleaning Recipes

## **Multipurpose surface cleaner**

3 tablespoons of witch hazel

1 cup of vinegar

1 tablespoon of castile soap

24 of drops essential oil

optional: 1 tablespoon rubbing alcohol

fill up the spray bottle with water

Sprinkle some baking soda on the surface before  
spraying the cleaner

**Use with: Cleaning Essentials Spray Bottle**



# 4 Zero Waste Cleaning Recipes

## Liquid hand soap

3 tablespoons of liquid castile soap

1 tablespoon of olive oil

Fill soap dispenser half way with water

optional: 1 tablespoon of vegetable glycerin

10-15 drops of essential oil

Mix all the ingredients into a foaming soap  
dispenser. Shake well before use.

**Use with: foaming soap dispenser**





# 4 Zero Waste Cleaning Recipes

## Liquid Detergent for Delicates

half liter of water

15 soap nuts

Simmer, strain and store in the fridge

Add 50 ml to a dosing ball or in your detergent drawer

Discard the nuts in your compost bin

**Reuse a glass bottle to store the liquid**



# 4 Zero Waste Cleaning Recipes

## Toilet Cleaner

2 tablespoon washing soda  
4 tablespoons of baking soda  
2 tablespoons of citric acid  
10 drops of essential oil

Mix all the ingredients in a glass jar. Throw a  
tablespoon of the powders into the toilet, flush after 5-  
10 minutes

**Reuse a glass jar to store the powders**

