## FROM CRAZY TO CALM DOG

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Good Dog
Concept Training

Website: gooddogconcepttraining.com
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## WELCOME!

## WE ARE SO EXCITED TO BRING YOU THE THRIVING TEEN TRAINING PROGRAM!

The adolescent developmental period begins around 6 months of age and lasts till around 18-24 months. This varies by breed and these ages are approximate. Because of the brain changes, hormonal changes, and body growth, dog behavior will also change.

It's no secret that adolescence is fraught with challenges and is one of the most difficult periods to navigate.

This is why we've designed a program that will support you every step of the way as you move from teen tearaway to dream dog!

## Instead of becoming frustrated, it's important to focus on what you can do.

Throughout the Crazy to Calm Program not only will you learn simple, practical exercises that support your dog's learning, but you will also learn the human super skills that will make your training journey much easier.


# MEET YOUR INSTRUCTOR 



KAREN FALCIANI
Head Trainer at Good Dog Concept Training \& Founder of the Crazy to Calm program

Hi, I'm Karen!
I'm a canine coach and founder of Good Dog Concept Training. I specialize in coaching frustrated dog owners, helping them build an incredible relationship with their canine companions and unlock a dream life together.

- PDT: A full member of the Pro Dog Trainers
- WSDA: A Certified Scent instructor and level 1 judge
- PPG: A full member of the Pet Professional Guild
- WEBB- Student Whole Energy Body Balance
- Novice, intermediate, advanced, \& Expert Trick Title

I only support training techniques that are kind, effective, and fear-free. Training should be easy to follow, consistent, and fun for both dogs and people, always.

# PROGRAM OUTLINE 

The journey through adolescence can feel overwhelming, but it doesn't need to! Five core areas form the basis of The Teen Program to ensure your teenage tearaway grows up to be the dog of your dreams.

In each sector, you will build on core skills and progress through milestones until you have mastered each area. Not only this but you will have clear step by step instructions to help you navigate problem behaviors with ease!


# SOLUTIONS THAT WORK FOR YOU 

Whatever you're struggling with as your dog goes through adolescence, building skills in these core areas will help you succeed in raising a wellrounded, happy adult dog. Check out these examples:

## Pulling to see other dogs

- Look at that focus games
- Relaxation games in public
- Relationship boosting games


## Running away off lead

- Focus games
- Relationship boost
- Human skills - using and fading out management


## Fearful of strangers

- Confidence building games
- Calmness in variety of situations
- Relationship boost


## Digging in the garden

- Human skills - providing outlets
- Calmness outside
- Focus games


## Jumping up at visitors

- Calm greetings with people
- Focus boost
- Human skills - using and fading out management


## Barking at passers by

- Confidence boost
- Relaxation in the home
- Human skills - using and fading out management


## Stealing items

- Human skills - outlets and management
- Focus games \& core skills
- Relationshipboost


## Inappropriate play with dogs

- Calmness games
- Human skills - reading body language
- Focus games


# STUDENT RESOURCES 

Everything you need to ensure you receive a comprehensive, high-end learning experience. Materials designed to cater to you and your unique learning style will enhance understanding, encourage participation and ensure better results throughout your program and beyond.


## CRAZY TO CALM TEEN CURRICULUM

## MODULE 1: TREASURE CHEST

- Understanding Adolescence
- Levels of Mastery
- Reading Body Language
- Build a stronger bond with your dog
- Finding your dogs motivation
- Appropriate adolescent play
- B-mod- Dog pulls like a freight train


## MODULE 2: THE RECYCLE RAID

- Changing Mindset of an Undersocialized dog
- Understanding sensitive period
- Learning about breed groups and their needs
- Building a reliable recall
- B-mod- Dog destroyed the couch

MODULE 3: ROCKING IT WITH SOUNDS

- Adolescent dog mouthing
- More on Positive Exposure and Socialization
- Make training fun for both you and your dog
- Understanding arousal
- B-mod- Dog knocks me over when I go down the stairs


## MODULE 4: NICE AS PIE

- Self-employed dog
- Polite Greetings
- Food and gut health
- Build confidence with scent games
- Build core and muscle strength
- Second dog?
- B-mod- Dog barks when I pass other dogs


## MODULE 5: GRAND PRIX

- Teen discomfort
- Understanding car sickness
- Learning Ramp up and off
- How to teach walking position
- Do you have a stalker
- B-mod- Dog that raids trash can


## MODULE 6: SOMETHING OLD, NEW, BORROWED AND BLUE

- Developmental stages
- Breed-specific behaviors
- Training Concepts
- About Proofing
- Paw Target
- Bucket Game- Voluntary Grooming
- B-mod- Dog tugs on clothes when excited


## CRAZY TO CALM TEEN CURRICULUM

## MODULE 7: SCENTSATIONAL

- Importance of scent
- Sniffari
- Trigger Stacking
- Importance of Sleep
- Getting your dogs attention
- B- mod - My dog doesn't pay attention on walks
- Reading the environment
- Look at that Game


## MODULE 8: DORA THE EXPLORER

- Importance of socialization for teens
- Build a confidence Course
- Empower your dog with Long Leash Check ins
- B-mod- My dog doesn't come back when off lead
- Effective Management
- Recall Game


## MODULE 9: DAREDEVIL

- Understanding the concept of luring
- How to use reward placement
- Build your relationship through tricks
- Teach your dog crazy 8s
- Trick Routines
- Importance of a First Aid Kit
- B-Mod- My dog gets into fights during play
- What is an inappropriate play look like
- How to break up play


## MODULE 10: WET N WILD

- Summer Heat
- How to expose your dog to water
- Build your relationship with a fun water sport activity
- Build your dog a pup-sicle
- Beat the heat with indoor games
- B-mod- Dog stole the bbq off the kitchen counter
- When to fade management


## MODULE 11: CHILDREN AND TEENS

- Understanding appropriate interactions between children and dogs
- How to safely expose to children
- Bringing home a newborn
- Bond with a game of tug to fetch
- B-mod Dog takes my children toys
- Difference between Drop and Leave


## MODULE 12: SPORTY DOG

- Learning more about Dog Sports
- Sports as outlets and breed likes
- Understand Exercise limitations
- Build a stronger bond with teaching your dog how to play football
- Teach your dog to bowl
- B-mod- My dog gets excited when I start my workout
- Settle while you workout


## FROM FRUSTRATED ADOLESCENT TO THRIVING TEEN PROGRAM

## CONSULTATION

- Deep dive into the dynamics of your family and your goals
- Set up Training and Life Goal for your dog \& Family
- Full assessment of your dog
- Observation of your dog
- Review and set up Management in the home
- Confirm dog has a Safe Space
- Create structure and Implement Routine
- Review schedule and Routine for Family



## VIDEO TUTORIALS

- Covering in depth "behavior mod"
- A breakdown of the skills needed to evoke change
- Ability to access these step by step videos for life
- Share your training with others involved with your dog so that training is consistent




## 1-2-1 PRIVATE TRAINING SESSIONS

- Coaching you and your family with the skills you need to be successful at training
- Implementing the treatment plan
- Develop awareness of the environment so you can help your dog process what is there
- Emergency skills for when things go wrong
- Problem Prevention strategy



## SUPPORT

- Email and Phone Support to give you peace of mind throughout the process
- Community Group to post and share
- Video Analysis to get feedback on your homework
- Assistance with helping others in your family learn (kids, spouse)


# PROGRAMS 

Teenage dogs are often kept at home more and for some, they don't get to practice their skills. So it's common for dogs who were welltrained and socialized as puppies to regress in both their training and socialization as reenage dogs. They can develop fear or aggression, or become rusty in their ability to communicate with other dogs.

# How TO ENROLL 



To enroll in the Crazy to Calm program all you need to do is visit or call

## www.gooddogconcepttraining.com

level up your learning all-new 12 weeks

VIP Teen most popular
\$1200-
12 week


Crazy
to Calm \$640
8 weeks

If you would like to discuss our teen packages in more detail to find out which is the perfect fit for you and your dog please contact us:

Email: Karen@gooddogconcepttraining.com Telephone: 856-905-1556

We look forward to getting started on your adventure from frustrated adolescent to thriving teen!

KarenTalciani
$856-905-1556$

