

Start today with these simple steps to improve your relationship And uncover your love

7 SECRETS FOR HAPPY RELATIONSHIPS



- LOVE YOURSELF. YOU NEED YOUR FOUNDATION!
- COMMIT TO YOUR RELATIONSHIP:
 DECIDE ON PURPOSE
 - CHOOSE LOVE: THINK LOVING THOUGHTS INTENTIONALLY
 - OWN YOUR POWER: YOU ARE THE CREATOR OF YOUR FEELINGS
 - LET THE OTHER PERSON BE WHO THEY ARE
 - MEET YOUR NEEDS AND LET THEM MEET THEIR NEEDS

COME TOGETHER TO LOVE AND HAVE FUN!



UNCOVER YOUR LOVE

Write down all of the reasons you love this person

Commit to thinking these thoughts intentionally