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Which path are you on?

2 Comments

Which path are you on?



This week I wanted to share something I recently listened to, that really got me thinking about where I am and where I want to be.

It's from a Tony Robbins program called Personal Power II and if you haven't listened to it, I strongly urge you to get it and listen to it with the intention of applying it. We are talking life changing stuff here!

Toward the end of the program he talks about there being **3 types of paths in life**.

I challenge you, after reading these definitions, to ask yourself:

- * Which path are you on right now?
- * What do you need to do to change in order to be where you want to be?
- * How would those changes affect your life and business?

Here's What Tony Says: (Please note I'm paraphrasing)

1. The Dabbler. The dabbler loves new things. At the beginning the new thing or experience, etc. feels good. It's new and interesting. They learn a new skill, they go at with great enthusiasm and they start to see some results. They're excited! But soon, they hit a plateau. They're working just as hard but the results aren't coming in fast enough. They get bored, frustrated and they quit. They move on to another new, shiny object that they hope will get them the results they're looking for. A few years down the road they realise they haven't really achieved anything and they find themselves saying, 'I wish I woulda, or I shoulda' (Tony's words).

2. The Stresser! The stresser will make it work, no matter what, dang it! They will push & push & push, work and work and work until they darn well get a result. When they hit the plateau (please note there is always a plateau), they will just keep pushing through it, working harder and not necessarily smarter until eventually they burn themselves out!

3. Then there's Mastery. People who study mastery will practice the fundamentals every day. The master never gets bored. The master says, I'm going to work hard and perfect my craft and even then I can perfect it further. When they hit the plateau, they continue to look for the answers that will move them to the next level. Mastery comes with a sense of patience. No less Urgency, but a sense of patience that says, if I have to move back half a step to move 10 steps forward I will do it in the blink of an eye.

'The only path to ultimate lifelong success is daily consistent action toward your life's purpose!' ~ Tony Robbins

I do hope these definitions will inspire you to consider which path you're on at the moment and if need be, to take the necessary steps to change direction and ensure you're heading down the right path to achieve all your goals and dreams!

Enjoy this [19-min movie](#). Your eyes will open up to NEW possibilities...

I'd love to know how you're doing, so head over to my [fan page](#) Let's connect!



Transforming Lives,



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Posted in [You're the BEST!](#) by Loretta 2 Comments

2 Responses to "Which path are you on?"



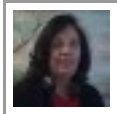
advocare.com
says:

April 23, 2014 at 3:43 pm

Reply

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Loretta
says:

May 2, 2014 at 12:42 pm

Reply

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