

THANK YOU FOR SUBSCRIBING TO MY NEWSLETTER!

I hope that you find this resource helpful in your financial journey. Please feel free to contact me with any questions as you use these worksheets to track your spending.

<u>Wealth Para Todos</u> is a personal finance blog with valuable tips for budgeting, saving and investing for anyone critical of capitalism but determined to have the information necessary to thrive within it anyway.







PLEASE

- Print this resource for your personal use.
- Save this to your personal devices.
- Encourage others to subscribe to my newsletter so they can receive their own copy.

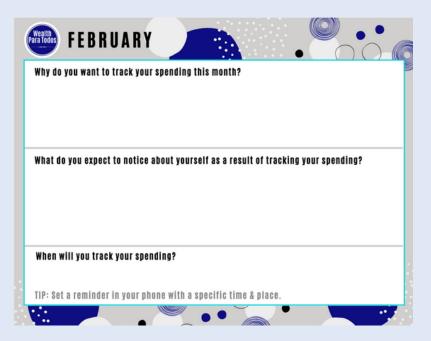




PLEASE DO NOT

- Reproduce or distribute this resource to others.
- Post this on the internet in any form including personal websites, network drives or other sharing websites.
- Post on social media without tagging me.





SUN MON TUE WED THU FRI SAT

Use this page to set some intentions.

Tracking your spending is a great way to build awareness around your spending habits

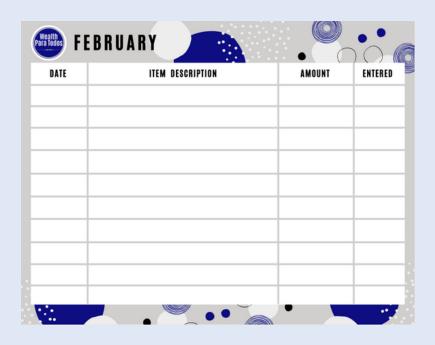
You will learn which spendings habits are aligned with your financial goals and which habits need some tweaking.

Use this page to write out the dates of your fixed expenses.

Recording the dates bills must be paid is the first step to creating a spending plan.

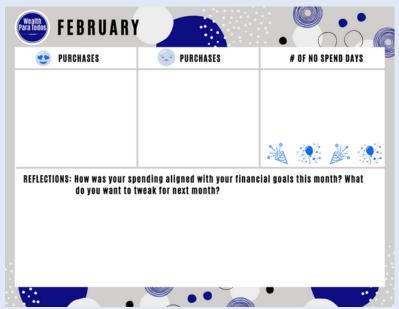
Record your "No Spend Days" on this calendar. These are great days to celebrate the abundance that already surrounds you.





There are 6 pages and 60 lines to track your spending.

After recording your spending, you may choose to enter your spending in an app or spreadsheet that tells you how much money you have left to spend.



Use this page to notice your favorite purchases, least favorite purchases, and the number of days you didn't spend any money.

Take time to reflect on how your spending habits this month are impacting your financial goals. Make sure to reflect with compassion and grace!







Why do you want to track your spending this month?

What do you expect to notice about yourself as a result of tracking your spending?

When will you track your spending?

TIP: Set a reminder in your phone with a specific time & place.

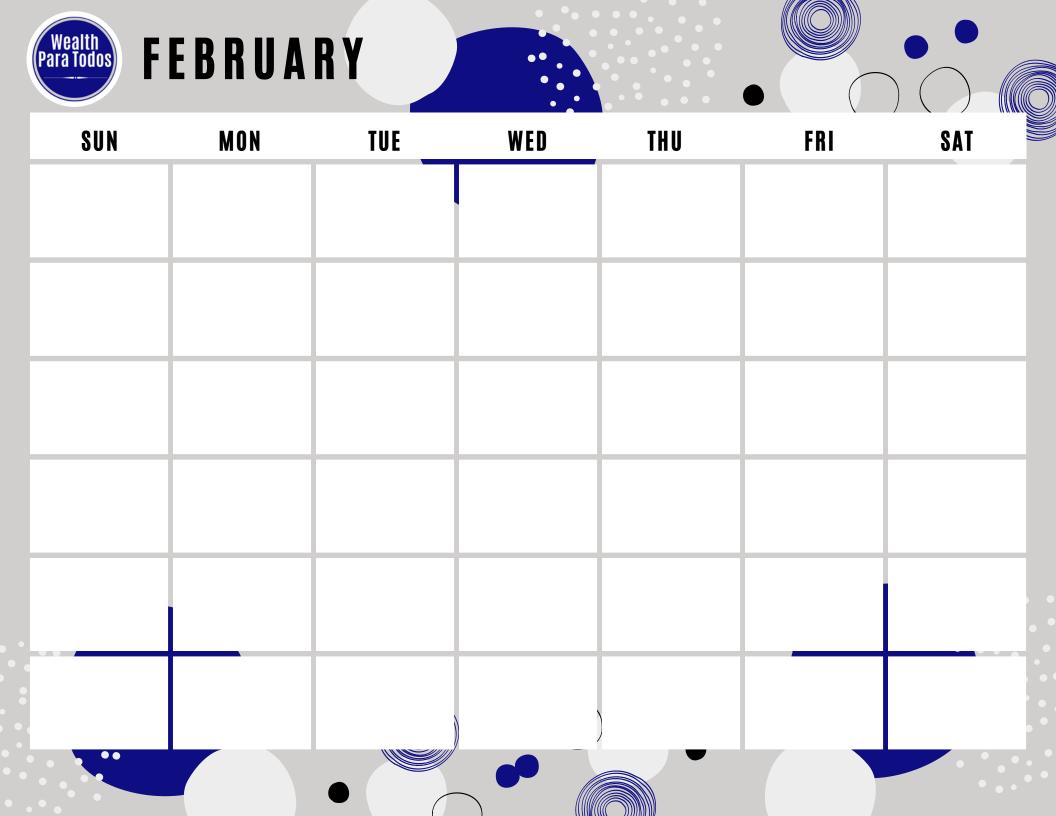
















DATE	ITEM DESCRIPTION	AMOUNT	ENTERED
•••			





DATE ITEM DESCRIPTION AMOUNT ENTERED				
DATE	ITEM DESCRIPTION	AMOUNT	ENTERED	
			-	
			-	
			+	





DATE	ITEM DESCRIPTION	AMOUNT	ENTERED





DATE	ITEM DESCRIPTION	AMOUNT	ENTERED





DATE	ITEM DESCRIPTION	AMOUNT	ENTERED
DAIL	TIEM DEGGIIII IIGN	Amoun	ENTERES
			_
			-
			-





DATE	ITEM DESCRIPTION	AMOUNT	ENTERED



FEBRUARY







PURCHASES



PURCHASES

OF NO SPEND DAYS









REFLECTIONS: How was your spending aligned with your financial goals this month? What do you want to tweak for next month?