Inner Declaration of Independence

I hold these truths to be self-evident. I am created whole, perfect and complete. I am endowed by my _____ with the inalienable right to a _____, _____ & _____ life.

Today, in my _____ year of life, I acknowledge that I've instilled beliefs, created rules, and made numerous life-choices. To the extent that these become destructive and/or no longer serve my journey to the aforementioned life, I have the right & power to alter and abolish them, therefore instituting a NEW journey toward my best life. Laying its foundation on such principles & values as _____, ____,

As I understand the hills & valleys one must traverse in the trek of life, I understand too, that once made aware of a faulty path, an impenetrable forest or a deep ditch, one is obligated to consult her/his map and right the path toward liberty. It is my intention to be ______.

I therefore, representing and claiming power over my own life, declare that I am absolved from all allegiance to ______ and set my elevation towards ______. This declaration is made with a firm reliance on ______.

And so it is.

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