

# 5 Pre-Goal Setting Questions

Are you ambitious, motivated, and truly want to live your best life?

Great!

But before you jump on the goal train, please take a moment to prepare.

Answer the five questions on the following pages to set yourself up for lasting success.

This small pre-step could save you thousands of dollars and hours wasted on hasty decisions.

Best of luck!

<https://academy.kristamollion.com/visualize>

# 5 Pre-Goal Setting Questions

Do I know EXACTLY what I need to do with a plan that could work for ME and taught by a coach who is like me and/or has extensive experience working with people like me?

Do I know in which order I should prioritize doing what (and what is essential vs. optional)?

Do I have the right ongoing support team to be successful? This means a coach, mentor, expert, or staff.

Is my environment healthy enough to allow for my success?

Is my mindset ready for change?

# 5 Pre-Goal Setting Questions

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Do I know EXACTLY what I need to do (meaning I have a plan that could work for ME and taught by a coach who is like me and/or has extensive experience working with people like me?)

How to Hire A Good Coach:

<https://medium.com/swlh/ten-tips-to-find-and-hire-a-good-business-coach-or-mentor-cc6692328128>

<https://academy.kristamollion.com/visualize>

# Goal Setting 5 Pre-Questions



Do I know in which order I should prioritize doing what (and what is essential vs. optional)? This means your daily schedule is bulletproof and super productive.

Time Management Training for Entrepreneurs:  
<https://academy.kristamollion.com/strategize>

<https://academy.kristamollion.com/visualize>

# Goal Setting 5 Pre-Questions



Do I have the right ongoing support team to be successful? This means a coach, mentor, expert, or staff.

How to Build a Success Team:

<https://www.linkedin.com/pulse/add-your-new-years-goals-build-2020-success-team-krista-mollion>

<https://academy.kristamollion.com/visualize>

# Goal Setting 5 Pre-Questions



Is my environment healthy enough to allow for my success?

# Goal Setting 5 Pre-Questions



Is my mindset ready for change?

Heal your mindset with the course below:

<https://academy.kristamollion.com/visualize>

*Join Us!*

## ***GOAL SETTING WORKSHOP***



**START OFF RIGHT WITH THE  
PROPER PLANNING**

**[HTTPS://ACADEMY.  
KRISTAMOLLION.COM/  
VISUALIZE](https://academy.kristamollion.com/visualize)**