

BRAIN DUMP MONTH:

**PLACES I WANT TO MAKE
MEMORIES/ADVENTURES:**

- 1.
- 2.
- 3.
- 4.

**APPOINTMENTS TO
SCHEDULE OR CANCEL:**

- 1.
- 2.
- 3.
- 4.

PEOPLE TO CHECK IN WITH:

- 1.
- 2.
- 3.
- 4.

SELF CARE ACTIVITES:

- 1.
- 2.
- 3.
- 4.

**WEEK ONE COMPLETION
PROJECTS:**

- 1.
- 2.
- 3.
- 4.

**WEEK TWO COMPLETION
PROJECTS:**

- 1.
- 2.
- 3.
- 4.

**WEEK THREE COMPLETION
PROJECTS:**

- 1.
- 2.
- 3.
- 4.

**WEEK FOUR COMPLETION
PROJECTS:**

- 1.
- 2.
- 3.
- 4.

NEW IDEAS/OPPORTUNITIES:

**I NEED TO MAKE A
DECISION ABOUT:**

PERSONAL MOTTO:

HAVE I:

___ **CLEARED OUT ALL
OUTSTANDING
COMMUNICATIONS**

___ **RECONCILED MY
PERSONAL FINANCES**

___ **SENT 10 THANK YOU
NOTES**

___ **SET A SUSTAINABLE
FITNESS SCHEDULE**

___ **MADE MY
GAMIFICATION SHEET**

Connie Kercher
Entrepreneur Coach

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