

FOUNDATIONS

Prep School





DESIGN YOUR BUSINESS TO THRIVE

What does a thriving business look like? It's okay if your answer is different or unusual. Thriving is a personal definition, but let's agree on one thing. It includes consistent income, margin for your beautiful life, and the chance to positively impact the world.

To build a business that thrives - no matter your definition - **you need to make sure your foundation is strong enough to grow.**

With a strong foundation, you gain confidence in your pricing, attract the right people to your work, and create income opportunities that feel aligned, all while having space for a life outside your business.

It's time for you to thrive.

Join me for Foundations Prep School this summer.



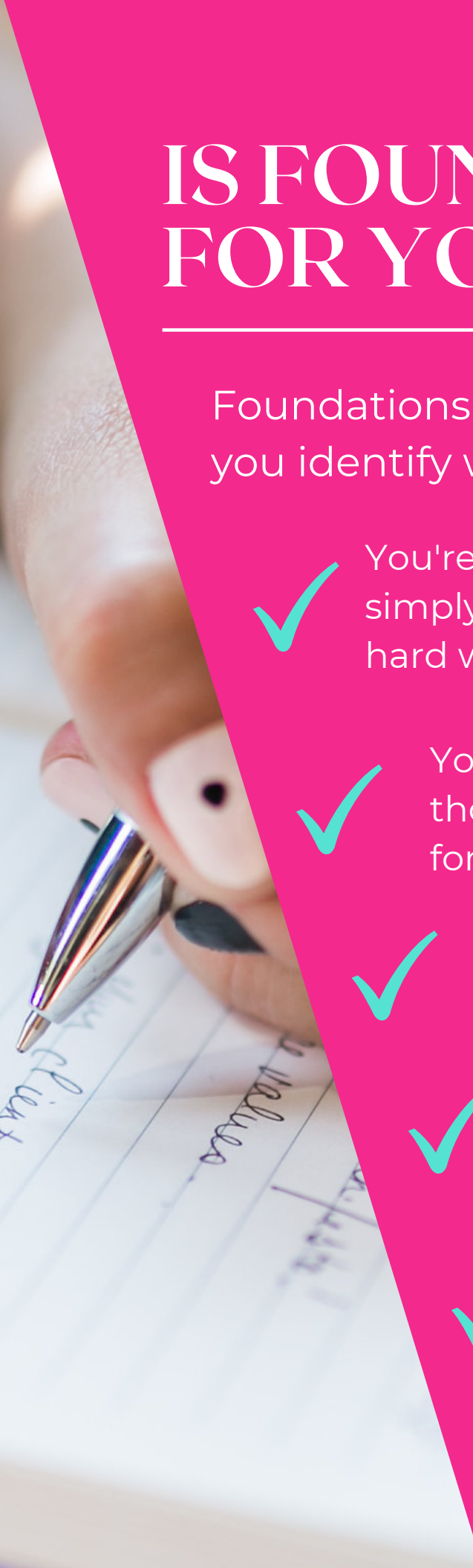
HI, I'M HELEN

I'm a Holistic Business Coach, Co-Conspirator, and Regenerative Business Designer for entrepreneurs who are ready to show up more fully and authentically in their lives and their businesses. Since 2011, I've worked with hundreds of business owners using a proprietary methodology called Love & Badassery, which combines business strategy, values-based service models, and a hefty dose of the magic that makes you unique.

Foundations Prep School is about designing your business so that you show up authentically and powerfully...so that you *and* your business can thrive.

IS FOUNDATIONS FOR YOU?

Foundations Prep School is right for you if you identify with the following:



✓ You're a values-based entrepreneur who simply isn't seeing the results of the extra hard work you've been putting in

✓ You're not interested in compromising those values for profits...or those profits for your values

✓ You feel stuck, plateaued, insecure, or bored with your business

✓ You're ready for the next big thing but aren't exactly sure what that looks like

✓ You're ready to make a change in your business for the better

[check out what's inside the program...](#)



THE GOODS

3

LIVE & interactive 2-hour training sessions covering the integral foundational elements of a regenerative business design: methodology, audience, aligned service model, and brand voice (aka how you talk about the thing you do). Yes, they will be recorded.

3

Open office hours with hotseat coaching & integration opportunities. Gain accountability, personalized support, and a chance to connect with the other program participants (aka your new BFFs).

1

Aha's & Actions call. We'll gather one last time to celebrate your accomplishments, ensure the right supports are in place for your success, and share any Aha moments with the group.

PLUS!

- intimate class size for deep impact
- personalized payment plans for accessibility
- connect with other like-minded entrepreneurs
- a repeatable blueprint for your business growth
- alignment strategies that will serve you for the long-term

BRAND PLAN

Week 1
June 21

Training Session : Methodology & Audience

explore how you work your magic & who your best people are laying the structure for a business model that can thrive

Week 2
June 28

Office Hours & Hotseat Coaching

this is time to integrate, ask questions, and connect with your co-participants

Week 3
July 5

Training Session : Aligned Services

create offers inside the sweet spot of what you love to do & what your people need the most so that it's a no-brainer buy-in

Week 4
July 12

Office Hours & Hotseat Coaching

this is time to integrate, ask questions, and connect with your co-participants

Week 5
July 19

Training Session : Brand Voice

how you talk about the thing you do matters. find the right words & use them in the right way to build trust & connection

Week 6
August 2

Office Hours & Hotseat Coaching

this is time to integrate, ask questions, and connect with your co-participants

Week 7
August 9

Celebration Call! Aha's & Next Actions

no program is successful without a celebratory call. let's take time to acknowledge your accomplishments & ensure you have the right supports in place for your inevitable success



LET'S GO!

Foundations Prep School
starts June 21st 2022

Weekly Calls
Tuesdays @ 1pm Eastern

Total Investment
\$1500

HOW TO REGISTER:

[Register now](#)

OR

[\\$500 non-refundable
deposit for a personalized
payment plan](#)

Questions?
hi@helentremethick.com

